

Play each whole note for 4 counts, then rest 4 counts. Breathe in air at breath marks (') and repeat each exercise at repeat signs (:). Once you are comfortable playing section [A] replace this section with the Expanding Long Tones exercise.

**A**  $\text{♩} = 60$

C D (extend 3rd slide 1/2 inch when playing this note)

*mf* = moderately loud

9

Play the notes below by imagining you are blowing fast air.

To play higher notes pucker your lips like fish lips or when you kiss and then blow air out as if you are spitting out the pitches.

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A B C D

12 2 0 1

**B**  $\text{♩} = 90$  Play each half note for 2 counts, rest 2 counts then take a quick breath before the next note. Repeat entire exercise.

25

Play each quarter note (1 beat or 1 count) 4 times, rest 4 counts, and then repeat every 2 measures.

To properly articulate the notes use the syllable "ta." Practice singing the exercise using "ta ta ta ta" prior to playing.

Once comfortable with [C] try adding the (A = 12, B = 2 & C = open) in a similar manner to complete the C major scale.

**C**  $\text{♩} = 90$

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0 0 0 0 13 13 13 13 12 1 0

**D**  $\text{♩} = 90$  **D1** **D2**

53

0 13 12 1 0 0 1 12 13 0 0 1 12 13 12

**E**  $\text{♩} = 90$  Sing the words to Mary Had a Little Lamb then play it making sure to observe the breath marks (') and repeat sign (:).

65

12 13 0 13 12

Mar-y had a lit-tle lamb, lit - tle lamb, lit-tle lamb Mar-y had a lit - tle lamb, whose

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fleece was white as snow.