

Trumpet Lessons 101

Breath Attacks

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Developing a relaxed even blow on the trumpet is an essential step in becoming a great player. Breath attacks provide an excellent platform to develop an even relaxed air stream. Play this exercise at the beginning of your practice session for the day.

Here are the steps to take for playing this exercise:

1. Hold trumpet parallel to the group with a light loose grip
2. Pucker lips in a kiss-like manner pulling in the corners of your mouth
3. Count 1-2-3 then on beat 4 take in a deep breath from your diaphragm (inhale will sound like HO)
4. Blow steady air through your closed lips using a POOH syllable at a soft volume (p-mp)
5. Continue blowing steady air trying to gently sound each note without using the tongue
6. Once you sound the note sustain it at a soft volume maintaining an even sound
7. Continue moving down chromatically sounding each note down to low C
8. Continue exercise to Low Gb (F#) if so desired

- * It is important that you do not articulate the notes with your tongue but allow the air to gently sound each pitch.
- * Since you are relying upon you air to produce each pitch every note may sound at different times.
- * Repeat the notes that you don't successfully sound.

- * This exercise can also be very helpful to play at the end of sessions to reset your embouchure.
- * When using exercise to reset your chops do not move embouchure and breath in air through your nose.

A ♩ = 60

Trigger 3
1/2 inch out

Trigger 3
1 inch out

p-mp

10 **B**

p-mp