

# Trumpet Lessons 101

## Expanding Long Tones

Chris Braun c. 2020

Long tone practice can form the foundation for developing ones sound and identity.

Play each note relaxed with little tension - don't force but simply release the notes!

1. Starting on middle G play each note at a moderate volume for 4 to 8 seconds
2. Rest between notes and expand as high and as low as you can comfortably play
4. Once you reach low F# continue on pedal tones or ascend on half steps (F#, G, G#...)

The musical score is written in 4/4 time and consists of nine staves of music. Each staff contains four measures of long tones. The notes and fingerings are as follows:

- Staff 1: Measure 1: open (G4); Measure 2: 2 (G#4); Measure 3: 2 3 (F#4); Measure 4: 1 (G4).
- Staff 2: Measure 1: mf 1 2 (G4); Measure 2: 1 2 (G4); Measure 3: 1 (F#4); Measure 4: 2 3 (F4).
- Staff 3: Measure 1: 2 (G4); Measure 2: 1 3 Trigger 3 - 1/2 inch (G4); Measure 3: open (G4); Measure 4: 1 2 3 Trigger 3 - 1 inch (F#4).
- Staff 4: Measure 1: 1 2 (F#4); Measure 2: open (F4); Measure 3: 1 (G4); Measure 4: 2 (G4).
- Staff 5: Measure 1: 2 (F4); Measure 2: 1 (F4); Measure 3: open (F4); Measure 4: 1 2 (F4).
- Staff 6: Measure 1: 1 (F4); Measure 2: 2 3 (F4); Measure 3: 2 (F#4); Measure 4: 1 3 (F#4).
- Staff 7: Measure 1: open (F4); Measure 2: 1 2 3 (F#4); Measure 3: 2 3 (F#4); Measure 4: Pedal F - 1 2 3 Trigger 3 - out (F#4).
- Staff 8: Measure 1: 1 2 (F#4); Measure 2: Pedal E - 1 2 (E3); Measure 3: 1 (F#4); Measure 4: Pedal Eb - 2 3 (Eb3).